

Operation Guide 3502

About This Manual



- Depending on the model of your watch, display text appears either as dark figures on a light background, or light figures on a dark background. All sample displays in this manual are shown using dark figures on a light background.
- Button operations are indicated using the letters shown in the illustration.
- Each section of this manual provides you with the information you need to perform operations in each mode. Further details and technical information can be found in the "Reference" section.

E

Contents

General Guide.....	E-4
Timekeeping	E-6
Alarms.....	E-9
Countdown Timer.....	E-16
Stopwatch	E-19
Dual Time	E-21
Backlight	E-22
Reference.....	E-23
Specifications	E-25

E-1

Procedure Lookup

The following is a handy reference list of all the operational procedures contained in this manual.

To set the time and date.....	E-6
To toggle between 12-hour and 24-hour timekeeping.....	E-8
To set an alarm time	E-11
To test the alarm	E-13
To turn Alarms 2 through 5 and the Hourly Time Signal on and off.....	E-14
To select the operation of Alarm 1	E-15
To use the countdown timer.....	E-16
To set the countdown start time	E-17
To turn auto-repeat on and off	E-18
To measure times with the stopwatch.....	E-20

E-2

To set the Dual Time.....	E-21
To turn on the backlight	E-22

General Guide

- Press **C** to change from mode to mode.
- In any mode, press **B** to illuminate the display.

- In any mode, hold down **C** for about one second to return to the Timekeeping Mode.

Timekeeping Mode Alarm Mode



Countdown Timer Mode



Stopwatch Mode Dual Time Mode



E-4

E-5

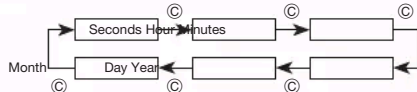
Timekeeping



Use the Timekeeping Mode to set and view the current time and date.

To set the time and date

- In the Timekeeping Mode, hold down **A** until the seconds start to flash, which indicates the setting screen.
- Press **C** to move the flashing in the sequence shown below to select other settings.



E-6

- When the setting you want to change is flashing, press **D** to change it as described below.

To change this setting Perform this button operation	
Seconds	Press D to reset to 00.
Hour, Minutes, Year, Month, Day	Press D to increase the setting.

- Pressing **D** while the seconds are in the range of 30 to 59 resets them to 00 and adds 1 to the minutes. In the range of 00 to 29, the minutes are unchanged.
- Press **A** to exit the setting screen.
- The day of the week is automatically displayed in accordance with the date (year, month, and day) settings.
- The year can be set in the range of 2000 to 2099.
- The watch's built-in full automatic calendar automatically makes allowances for different month lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's battery replaced.

E-7

To toggle between 12-hour and 24-hour timekeeping

In the Timekeeping Mode, press **D** to toggle between 12-hour timekeeping and 24-hour timekeeping.

- With the 12-hour format, the **P** (PM) indicator appears to the left of the hour digits for times in the range of noon to 11:59 p.m. and no indicator appears to the left of the hour digits for times in the range of midnight to 11:59 a.m.
- With the 24-hour format, times are displayed in the range of 0:00 to 23:59, without any indicator.
- The 12-hour/24-hour timekeeping format you select in the Timekeeping Mode is applied in all other modes.

E-8

Alarms



You can set up to five independent multi-function alarms with hour, minutes, month, and day. When an alarm is turned on, the alarm tone sounds when the alarm time is reached. One of the alarms has a snooze feature.

You can also turn on an Hourly Time Signal that causes the watch to beep every hour on the hour.

- There are five alarms numbered 1 through 5. The Hourly Time Signal screen is indicated by :00.
- All of the operations in this section are performed in the Alarm Mode, which you enter by pressing **C** (page E-4).

E-9

